

Subject: Physical Education		Year Group: 8
Term 1 Key Focus/Topic(s): <ul style="list-style-type: none"> • Tennis • Basketball 	Term 2 Key Focus/Topic(s): <ul style="list-style-type: none"> • Handball • OAA(Outdoor Adventurous Activities) 	Term 3 Key Focus/Topic(s): <ul style="list-style-type: none"> • Rugby • Football
Term 1 Assessment Opportunities: <ul style="list-style-type: none"> • Students to self-assess in lesson as well as summative assessment by teacher on completion of unit. 	Term 2 Assessment Opportunities <ul style="list-style-type: none"> • Students to self-assess in lesson as well as summative assessment by teacher on completion of unit. 	Term 3 Assessment Opportunities: <ul style="list-style-type: none"> • Students to self-assess in lesson as well as summative assessment by teacher on completion of unit.
Term 4 Key Focus/Topic(s): <ul style="list-style-type: none"> • Hockey • NFL 	Term 5 Key Focus/Topic(s): <ul style="list-style-type: none"> • iFit • Athletics 	Term 6 Key Focus/Topic(s): <ul style="list-style-type: none"> • Striking Games • Ultimate Frisbee
Term 4 Assessment Opportunities: <ul style="list-style-type: none"> • Students to self-assess in lesson as well as summative assessment by teacher on completion of unit. 	Term 5 Assessment Opportunities: <ul style="list-style-type: none"> • Students to self assess in lesson as well as summative assessment by teacher on completion of unit. 	Term 6 Assessment Opportunities: <ul style="list-style-type: none"> • Students to self-assess in lesson as well as summative assessment by teacher on completion of unit. • End of Year written exam (multiple choice / Session Planning Sections)

Rationale:

Following on from Year 7 the aim of the curriculum is to provide an introduction to a broad range of activities that allow students to be physically active, engage in competition, and gain understanding of how being physically active can improve your life. Students are introduced to the idea of assessing their own competence during performances as well as considering that of others and how these performances might be improved. The aim of this is to maximise progress.

The timing of activities during the year is very much dependant on weather and facility availability. Indoor space is at a premium at Borden so some activities that might be better suited to warmer times of the year are occasionally put on during colder months. Students are encouraged to take part in activities in a variety of weathers, which in itself offers its own character developing opportunities.

New activities are added in Year 8 such as Ultimate Frisbee which is an excellent test of awareness and fine motor control as well as iFit that utilises more GCSE PE style language and lays further groundwork for success in KS4.

Evaluation:

Students are regularly encouraged to assess their own performances as well as others using criteria set out by staff. This process allows students to gain a deeper understanding of why a performance might have been successful or how they might improve it. Teachers also offer regular concurrent and terminal feedback on performances during lessons. Audit data as well as reports are used to communicate summative assessments that are given by staff, these are subject to department moderations/review. Students in Year 8 sit an end-of-year exam in PE that aims to better prepare students for the challenges of a more rigorous GCSE spec. The content of this is closely linked to the language used in the iFit project. Through extra-curricular clubs students are given ample opportunity in a wide variety of activities to enrich understanding as well as develop skills within a competitive context.