

BORDEN GRAMMAR SCHOOL

No-Smoking or Vaping Policy

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Date last revised January 2024

Revised by AT

Link to Trustee Committee Finance & Resources (F&R)

Frequency of Review 3 yearly

Next Review Date January 2027

Designated Safeguarding Lead

Lead Trustee with responsibility for **Safeguarding**

Michelle Brooker (supported by BP, CB, JW and NZ)

Elizabeth Sutehall

No-Smoking or Vaping Policy

It is the aim of the policy to help promote and encourage healthy lifestyles. The school teaches pupils about the dangers of smoking and it is therefore important for the school to provide an environment which complements and does not negate this teaching. The school also has a duty to protect the health of staff, pupils and visitors to the school.

INTRODUCTION

Smoking is an addictive habit, generally acquired in childhood, which is the leading cause of preventable death in the UK. Around 114,000 people die from a smoking related disease every year. It is estimated that a further 11,000 people die every year as a result of exposure to secondhand smoke. Vaping is a relatively new habit for which much is not known, but we do know that it is more popular amongst young people. Whilst research suggests that vaping is less harmful than smoking, it is still harmful and habit forming. The school is therefore committed to setting an example where both smoking and vaping are unacceptable.

OBJECTIVES OF THE POLICY

- To protect non-smokers/vapers from exposure to secondhand smoke.
- To demonstrate the school's commitment to protecting the health of its staff, pupils and the community it serves.
- To educate pupils and staff about the health risks of smoking and vaping.
- To provide support for those who wish to stop smoking and vaping.
- To effect savings through reduced fire risk, cleaning costs and insurance premiums.

THE SCHOOL POLICY

Smoking and the use of e-cigarettes or "vaping" is not allowed anywhere on the school site for the health, safety and well-being of our staff, students and visitors.

E-Cigarettes: Whilst it is recognized that there is no current legislation banning these products, they remain unlicensed and little is known about the health risks they may cause. E-cigarettes contain liquid nicotine, flavour and other chemicals which is turned into vapour and is inhaled by the user. Our intention is to protect non-smokers from being exposed to these vapours which could be potentially harmful, and may cause safety concerns.

PUPILS

- Pupils will not be permitted to smoke or vape while on school premises or while in public wearing school uniform or school ID badges.
- Pupils will not be permitted to smoke or vape while engaged in school related activities outside
 of school hours.
- Smoking and vaping cessation advice and support in the form of stop smoking groups or one
 to one counseling are to be offered to any pupil who asks for it. The school may contact school
 health if we believe students are smoking or have an addiction.
- Contravention of no smoking or vaping rules will be regarded as a breach of discipline and/or behaviour and the matter will be pursued through the normal disciplinary procedures.
- The same rules apply to students who are over the legal limit (18 years) and use E-cigarettes or 'vape' are expected to use these devices at a reasonable distance from our establishment and not be identifiable as part of the school. The same rules of searching and confiscation apply to students on the school site, whether or not they are legally permitted to smoke or

vape.

STAFF

- Staff are not allowed to smoke or vape on the school premises.
- Staff are not allowed to smoke or vape in the presence/sight of pupils or parents, on or near the school premises or whilst in charge of pupils from the school. This includes trips/activities outside school hours.
- Contravention of the no smoking or vaping rules will be regarded as a breach of discipline and the matter will be pursued through the normal disciplinary procedures.

VISITORS TO SCHOOL

 All visitors, including parents, Trustees and suppliers will not be permitted to smoke or vape on school premises.

THOSE HIRING OR LEASING THE SCHOOL PREMISES

 Persons using the school premises, for any purpose, at any time, will not be permitted to smoke or vape on school premises.

IMPLEMENTATION OF THE POLICY

- Staff access this policy through the Staff area of the VLE, and will be aware through Induction.
- Parents will be informed via the school website section on policies.
- Members of staff will inform visitors as appropriate.
- Signs and notices are posted at entrances and exits to the school grounds and buildings.

SUPPORT FOR SMOKERS AND VAPERS

Members of staff and pupils who wish to stop smoking will be encouraged and supported.

Support is available for those who wish to stop smoking from the organisations below:

One You Kent Support: https://www.kent.gov.uk/social-care-and-health/health/one-you-kent/quit-

smoking

Action on Smoking and Health (ASH) – offer confidential advice on problems associated with smoking in the workplace.

Website: https://ash.org.uk/home/
Email: Enquiries@ash.org.uk

National Smokefree Helpline is: 0800 022 4 332 (7.00 – 23.00h daily)

For Vaping: https://www.healthline.com/health/how-to-guit-vaping

https://teen.smokefree.gov/quit-vaping/how-to-quit-vaping