

Subject: Personal Development		Year Group: 7 2025/26
<p>Terms 1 and 2 Key Focus/Topic(s)</p> <p>Who am I? My values, our values</p> <ol style="list-style-type: none"> 1. What is PD? 2. My values, our values 3. Fundamental British Values 4. Right and wrong 5. Rule of Law <p>Careers</p> <ol style="list-style-type: none"> 1. Introduction to Careers 2. Unifrog 101 <p>Human Rights and Values</p> <ol style="list-style-type: none"> 1. Human Rights 2. Healthy relationships 3. Respect 	<p>Terms 3 and 4 Key Focus/Topic(s)</p> <p>Staying Safe</p> <ol style="list-style-type: none"> 1. Road Safety 2. E-Safety <p>Personal Education</p> <ol style="list-style-type: none"> 1. Puberty including Testicular Health 2. Hygiene including Dental Hygiene <p>Values</p> <ol style="list-style-type: none"> 1. Individual Liberty <p>Personal and Health Education</p> <ol style="list-style-type: none"> 1. Healthy Eating 2. Mental Health 3. Sleep 	<p>Terms 5 and 6 Key Focus/Topic(s)</p> <p>Values</p> <ol style="list-style-type: none"> 1. Democracy <p>Careers</p> <ol style="list-style-type: none"> 1. What is a Career? Term 5 Project <p>Values</p> <ol style="list-style-type: none"> 1. Resilience <p>Personal Education</p> <ol style="list-style-type: none"> 1. Mental Health and resilience <p>Values</p> <ol style="list-style-type: none"> 1. Creativity 2. Letters to Primary Schools <p>Health Education</p> <ol style="list-style-type: none"> 1. First Aid: Basic Life Support
<p>Terms 1 and 2 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>	<p>Terms 3 and 4 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>	<p>Terms 5 and 6 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>
<p>Rationale:</p> <p>We are seeking to develop their personal and social skills, as well as their local, national and global awareness. All topics are planned to be both age and stage appropriate. The Year 7 curriculum has been structured to lay the foundation for their future Personal Development learning at Borden, which is heavily shaped around the Values Curriculum as the core thread running through all of their future studies.</p> <p>Students begin by considering their own values, those the school community promote and foster, as well as the fundamental British Values, relationships and making safe, healthy choices. Careers also features throughout the curriculum journey for Year 7, laying the building blocks for their future development throughout their time here. Personal Development also includes a study of puberty, mental health, sleep, first aid, healthy eating and the impact of food on our mood.</p>		
<p>Evaluation:</p> <p>Students will be assessed by the class teacher through their verbal contributions and classwork.</p>		