

Subject: Personal Development		Year Group: 8 2025/26
<p>Terms 1 and 2 Key Focus/Topic(s)</p> <p><b>Relationships</b></p> <ol style="list-style-type: none"> <li>1. Healthy Relationships: Families: Roles and Responsibilities</li> <li>2. Commitment and marriage</li> <li>3. Changing attitudes to family life</li> <li>4. Building relationships: Careers</li> </ol> <p><b>The UK today and Protected Characteristics</b></p> <ol style="list-style-type: none"> <li>1. The UK today</li> <li>2. Stereotypes, Prejudice and Discrimination</li> <li>3. Equality and Protected Characteristics</li> </ol> <p><b>Respect and understanding</b></p> <ol style="list-style-type: none"> <li>1. Neurodivergence</li> <li>2. Respecting Boundaries</li> <li>3. Sexting and Upskirting</li> <li>4. Communication: Careers</li> </ol> <p><b>Health Education</b></p> <ol style="list-style-type: none"> <li>1. First Aid: Bleeding</li> </ol>	<p>Terms 3 and 4 Key Focus/Topic(s)</p> <p><b>Emotional Intelligence and Well-being</b></p> <ol style="list-style-type: none"> <li>1. Inside Out</li> </ol> <p><b>Careers</b></p> <ol style="list-style-type: none"> <li>1. Careers Portfolio</li> </ol> <p><b>Financial Education</b></p> <ol style="list-style-type: none"> <li>1. Saving</li> <li>2. Spending</li> <li>3. Borrowing</li> <li>4. Risk and Reward</li> <li>5. Security and Fraud</li> </ol>	<p>Terms 5 and 6 Key Focus/Topic(s)</p> <p><b>Careers</b></p> <ol style="list-style-type: none"> <li>1. Teamwork</li> <li>2. Apprenticeships</li> <li>3. Labour Market Information</li> </ol> <p><b>Personal Education and Mental Health</b></p> <ol style="list-style-type: none"> <li>1. Coping with pressure</li> </ol> <p><b>Health Education</b></p> <ol style="list-style-type: none"> <li>1. First Aid: Asthma and Allergies</li> <li>2. First Aid: Choking and Head Injuries</li> </ol> <p><b>Online and Real Life</b></p> <ol style="list-style-type: none"> <li>1. Online and Real Life</li> </ol> <p><b>Options Thinking</b></p> <ol style="list-style-type: none"> <li>1. Choosing Options: My Path</li> <li>2. Options Thinking: Taster lessons</li> </ol>
<p>Terms 1 and 2 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>	<p>Terms 3 and 4 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>	<p>Terms 5 and 6 Assessment Opportunities</p> <p>Verbal assessment</p> <p>Assessment of classwork</p>
<p>Rationale:</p> <p>Once again, we are seeking to develop our students' personal and social skills, as well as their local, national and global awareness. All topics are planned to be both age and stage appropriate.</p> <p>The Year 8 curriculum has been structured to build on topics studied in Year 7 and support them in their Personal Development as they navigate the ever-changing world, teenage life, mental health and their future plans.</p> <p>Students begin by studying families; the roles, responsibilities, commitment and the law and also how attitudes have changed in the last 60 years, as well as the demographic make-up of the UK, how we treat others and show our values.</p> <p>Neurodivergence (focussing on autism and ADHD) was new to the PD curriculum in 2024 to increase knowledge and understanding of neurodiversity and inclusivity.</p> <p>First Aid is revisited again this year, building on learning from last year and Careers remains an important part of the curriculum and this year is linked to their work on healthy relationships, as well as preparing for options choices.</p>		

Evaluation: Students will be assessed by the class teacher through their verbal contributions and classwork.