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| Subject: Personal Development | | Year Group: 9 2025/26 |
| Terms 1 and 2 Key Focus/Topic(s) Sex and relationships 1. Contraception 2. STIs and STDs 3. Consent 4. Teen pregnancy and impact Careers 1. Apprenticeships: The Nine to Five with Stacey Dooley | Terms 3 and 4 Key Focus/Topic(s) Careers 1. Unifrog: revisited 2. Step into the NHS Project Health, Wellbeing and Healthy Relationships 1. Mental Health 2. Healthy and Unhealthy relationships including Domestic Abuse | Terms 5 and 6 Key Focus/Topic(s) Drugs education 1. Alcohol, Tobacco, Drugs, Vaping: The Law and impact 2. Teenage Vaping: What's the harm? 3. Addiction: Wasted by drink 4. Addiction: Wasted by weed 5. Addiction: Drinking to oblivion Careers 1. Is University right for me? |
| Terms 1 and 2 Assessment Opportunities Verbal assessment Assessment of classwork | Terms 3 and 4 Assessment Opportunities Verbal assessment Assessment of classwork Teacher and Peer assessment of 'Step into the NHS' | Terms 5 and 6 Assessment Opportunities Verbal assessment Assessment of classwork |
| Rationale: Following on from their foundation studies in Years 7+8, Personal Development is only taught once every two weeks from Year 9 upwards. Students begin the year studying sex and relationships, examining contraception, misconceptions as well as the law, consent, and impact of choices made. Careers remains a key focus with lessons spent exploring apprenticeships through the series The Nine to Five with Stacey Dooley, a refresher on Unifrog and a project focussed on one of the 365 careers in the NHS. They will also consider whether university as an appealing option for post-18 in the lesson Is University right for me? Mental Health and healthy relationships are revisited once again in an age and stage appropriate way and includes a lesson about Domestic Abuse, the varying forms it can take and the support available. The year ends with a study of alcohol, tobacco, vaping and drugs where students will examine the law, impact (both in terms of health, communities and society) as well as the impact on mental health and addiction on relationships and futures. | | |
| Evaluation: Students will be assessed by the class teacher through their verbal contributions, classwork, projects and presentation work. They will complete a project examining careers in the NHS which will be assessed by their teacher. | | |