

Subject: Personal Development		Year Group: 10
Terms 1 and 2 Key Focus/Topic(s) <b>Staying safe: Sex and relationships</b> 1. Consent 2. Pregnancy and Miscarriage 3. Testicular Health 4. Abortion  <b>Making Healthy choices</b> 1. Healthy Sexual Relationships (including Sexual Harassment and Violence)	Terms 3 and 4 Key Focus/Topic(s) <b>This is Me (LGBTQ+ unit of work)</b> 1. Section of focussed on Stonewall DVD resource FIT 2. Gareth Thomas v. Homophobia the Legacy 3. BBC 3 Documentary – Young, Trans and Looking for Love	Terms 5 and 6 Key Focus/Topic(s) <b>Money and Me</b> 1. Saving/s 2. Making the most of your money  <b>Healthy eating</b> 1. Healthy me: Healthy eating Supersize me
Terms 1 and 2 Assessment Opportunities Oral assessment Assessment of classwork	Terms 3 and 4 Assessment Opportunities Oral assessment Assessment of classwork	Terms 5 and 6 Assessment Opportunities Oral assessment Assessment of classwork Assessment of meal plans
Visitor lessons: Kent Fire and Rescue Service and Kenward Trust		
Rationale: The Year 10 course has been structured around topics that students have wanted to address lower down the school, but have perhaps lacked the maturity to examine until this year. We begin the year examining consent, pregnancy and miscarriage, testicular health, abortion and healthy and unhealthy sexual relationships. We then move on to a unit of work focussed on issues faced by LGBTQ+ students both in education but also in the wider world. We use a number of films/documentaries to stimulate discussion and make the learning experience more real than a text book can. We then move on to a Unit about Money which follows a resource called 'Money Matters' produced by Martin Lewis, which provides students with an opportunity to understand savings, delayed and instant gratification and to make sense of some of the important financial issues that they will face over the coming years. This unit of work is flexible and can be shortened or extended depending on the needs of the class and how engaging they find the material. We also study Healthy Eating in Year 10 which encourages students to reflect on their own choices and make positive changes to ensure a balanced diet. As part of this, they watch 'Supersize me' which follows Morgan Spurlock as he only eats from McDonald's for a month. They watch the documentary and analyse the impact the diet has on Morgan's physical and mental health. In addition to taught lessons we invite a range of different speakers who support their Personal Development. In Year 10 we continue our work with Kent Fire and Rescue Service who lead a lesson about the dangers of arson, as well as the consequences of guilt by association.		
Evaluation: Students will be assessed by the class teacher through their oral contributions, classwork, projects and presentation work.		