

Subject: Physical Education (PE)		Year Group: 9
Term 1 Key Focus/Topic(s) Table Tennis Volleyball	Term 2 Key Focus/Topic(s) GCSE Theory Taster Unit Gymnastics	Term 3 Key Focus/Topic(s) Futsal Rugby
Term 1 Assessment Opportunities: Self assessment as well as teacher led. Focus on assessment of performance and evaluation of relevant theory content.	Term 2 Assessment Opportunities: Theory Taster Unit culminates in GCSE style exam using past paper questions relevant to content.	Term 3 Assessment Opportunities: Self-assessment as well as teacher led. Focus on assessment of performance and evaluation of relevant theory content.
Term 4 Key Focus/Topic(s) Hockey Conditioning	Term 5 Key Focus/Topic(s) Basketball Tennis	Term 6 Key Focus/Topic(s) Striking Games Athletics
Term 4 Assessment Opportunities: Self-assessment as well as teacher-led. Focus on assessment of performance and evaluation of relevant theory content.	Term 5 Assessment Opportunities: Self-assessment as well as teacher-led. Focus on assessment of performance and evaluation of relevant theory content.	Term 6 Assessment Opportunities: Self-assessment as well as teacher led. Focus on assessment of performance and evaluation of relevant theory content.

Rationale:

The Year 9 curriculum offers an opportunity for students to take part in a broad spectrum of activities as in Y7 - 8. It allows them the opportunity to deepen their understanding of activities that have been covered in previous years – developing more advanced practical skills as well and strengthening understanding of tactical elements as well as further drip feeding of relevant theory. There is also the addition of new activities and concepts such as ‘Flight’ in gymnastics and Volleyball that allow the most able to stretch and challenge themselves. Table Tennis has proved a very useful option at GCSE and is practiced and prepared for in Year 9. The addition of a theory unit (timed to coincide with making GCSE options) is crucial for identifying students who can achieve well at GCSE. It also better prepares students for the new more rigorous GCSE qualification. There is a focus throughout the year in practical sessions of Analysis & Evaluation of practical performance, linking relevant theory where appropriate.

Evaluation:

The numbers taking GCSE PE in the current Year 10 and the positive start the cohort have made are testament to the effectiveness of the ‘theory taster unit’ as well as the drip feeding of theory content. The practical elements provide an opportunity to assess performance and perfect/improve the advanced skills and movement patterns required for GCSE PE. New activities in the Year 9 curriculum offer points of interest for both able sportsmen as well as students who find PE challenging and feedback will be gathered from students to test this.